

GROWTH MONITORING - WEIGHING. If your baby is feeding well and you have no concerns:-

The UK - WHO recommends the following for weighing

AGE	NO MORE THAN
2 Weeks - 6 months	Once a month
6 - 12 months	Once every 2 months
Over 12 months	Once every 3 months

Your Health Visitor may ask you to bring your baby more often if he/she wishes to monitor more closely.

GROWTH MONITORING - measuring length/height

Length/height will be completed during developmental checks at 6-8 weeks, 10 months, 27 months. Your Health Visitor may do more frequently if he/she feels it needs to be monitored more closely.



Staffordshire and
Stoke on Trent Partnership



NHS Trust